



*Optimal Treatment
for Anxiety
& Mental Health*

DSM:
A Review of Process & Changes in DSM-5-TR

10/14/22
Daniel Pine, M.D.



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ACKNOWLEDGEMENTS

SPECIAL THANKS TO OUR CONTINUING EDUCATION COMMITTEE: DR. GRETA HIRSCH, DR. ABIGAIL ROMIROWSKY, DR. BETH SALCEDO, DR. AVY STOCK, DR. SHARON THOMAS, DR. CHRISTINA TRIPODI MITCHELL AND BARBRA WALDFOGEL. EACH TRAINING REQUIRES A TREMENDOUS AMOUNT OF PLANNING AND PREPARATION. MUCH APPRECIATION AND THANKS IS EXTENDED TO OUR PROFESSIONAL DEVELOPMENT PROGRAM ADMINISTRATIVE TEAM FOR ALL THE HARD WORK AND ATTENTION TO DETAIL THEY PUT INTO MAKING SURE EACH TRAINING RUNS SMOOTHLY.

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OBJECTIVES

1. Understand the process for changing DSM.
2. Understand major changes in DSM-5.
3. Understand new features in DSM-5-TR.

Outline

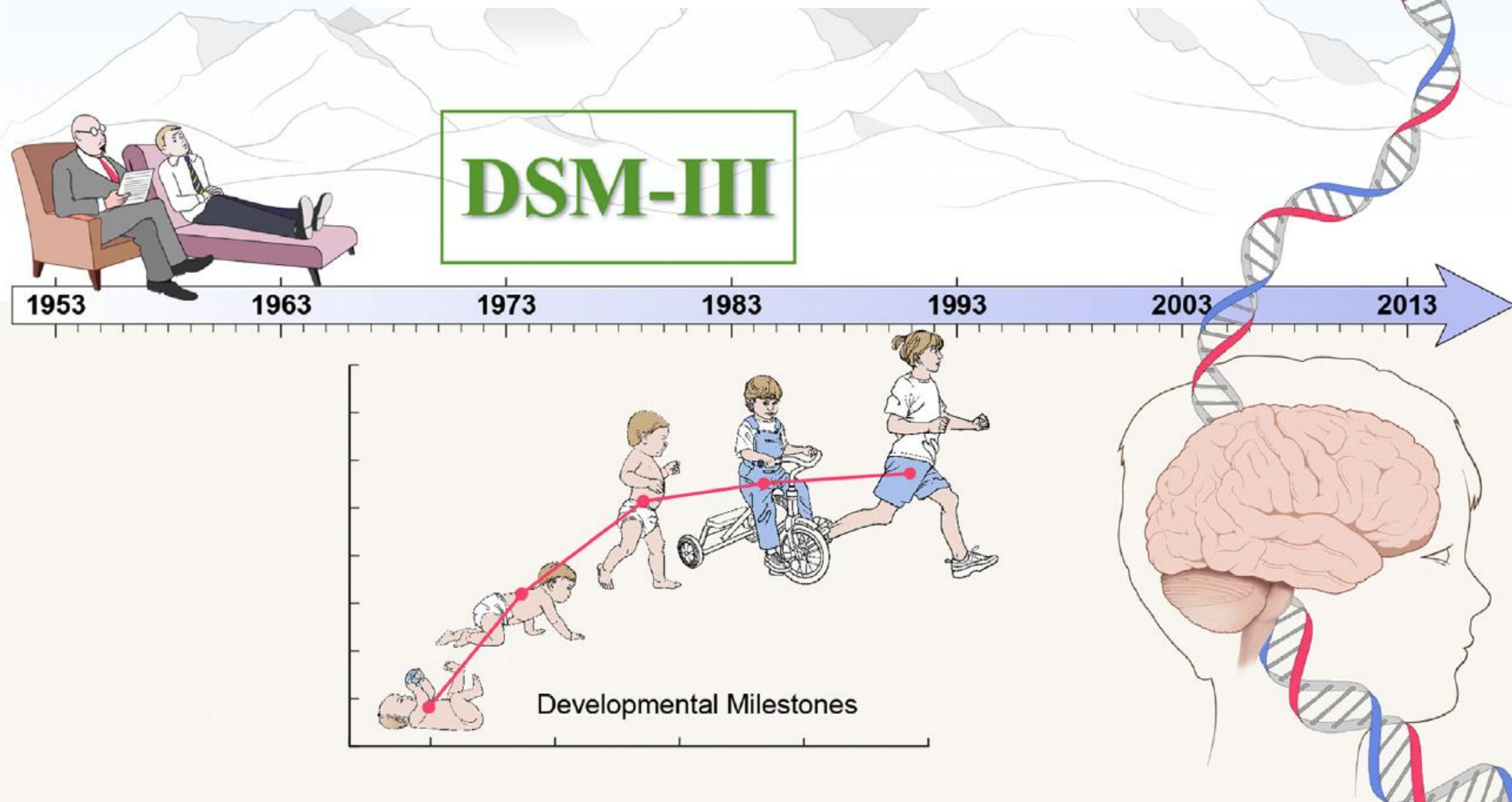
- *Process Leading to DSM*
 - *DSM-5*
 - *DSM-5-TR*

Outline

- *Process Leading to “DSM”*
 - *DSM-5*
 - *DSM-5-TR*

A 60-Year Climb on the Mountain of Nosology

Daniel S. Pine, M.D



Transition to DSM-III

Homosexuality controversy

Rosenham & Snidman

Major Crisis for Psychiatry

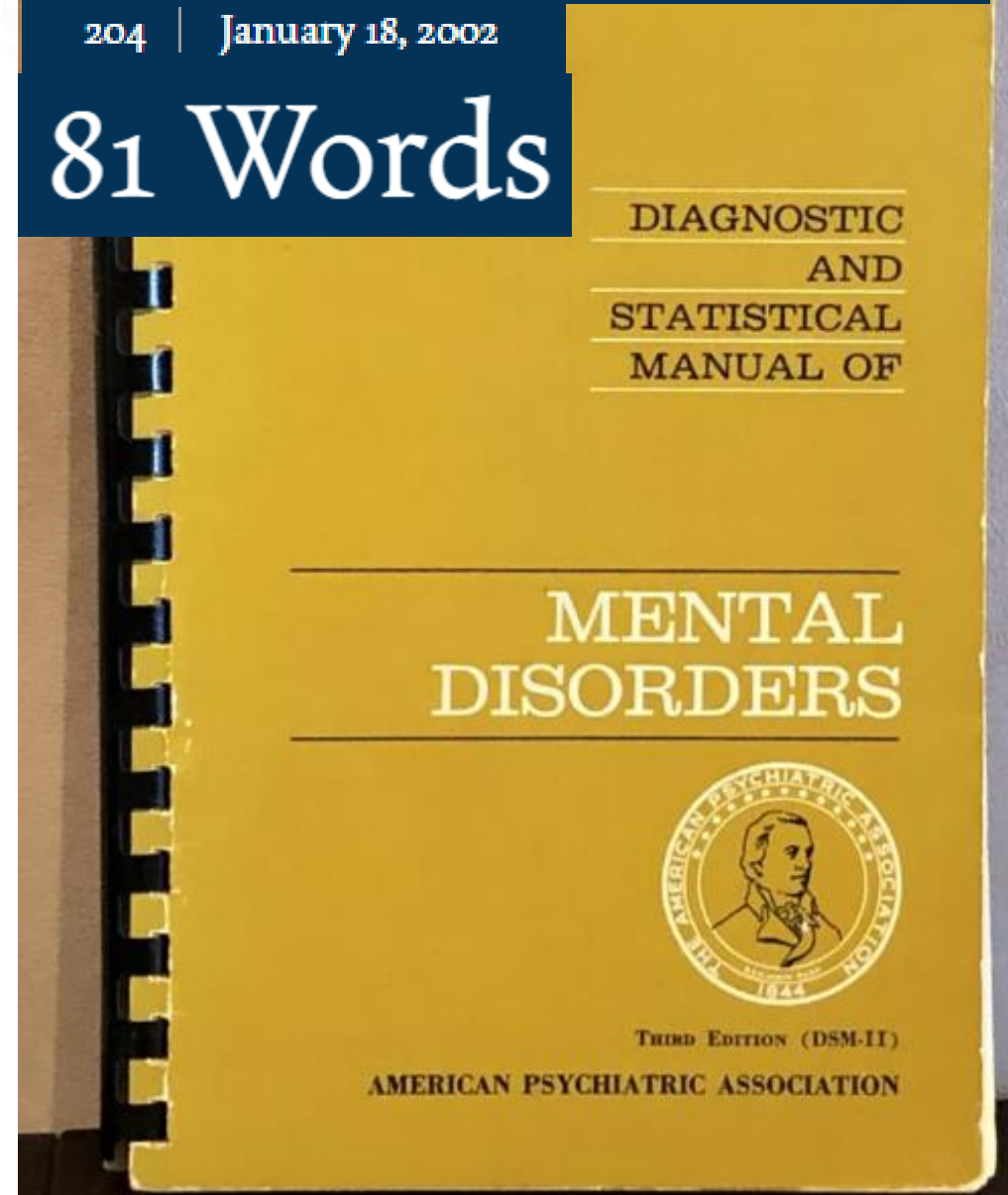
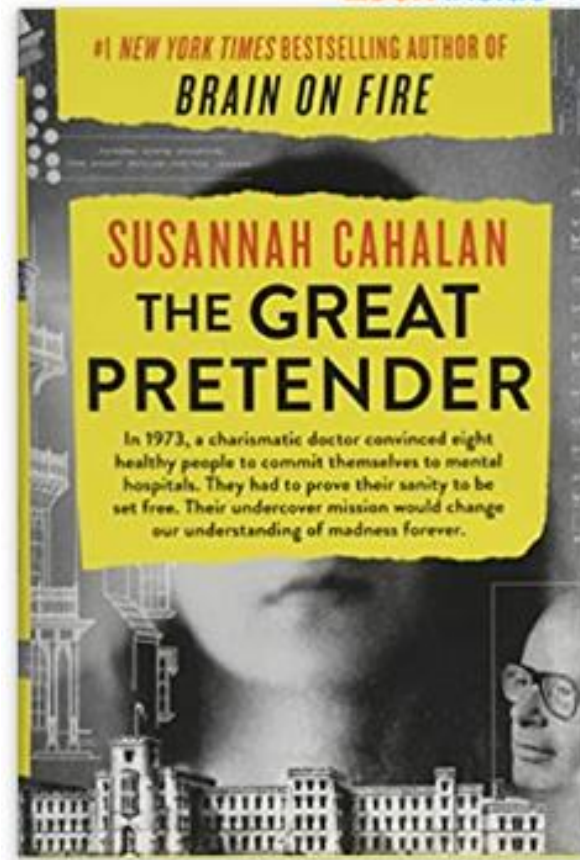
The story of how the American Psychiatric Association decided in 1973 that homosexuality was no longer a mental illness.



This American Life

204 | January 18, 2002

81 Words



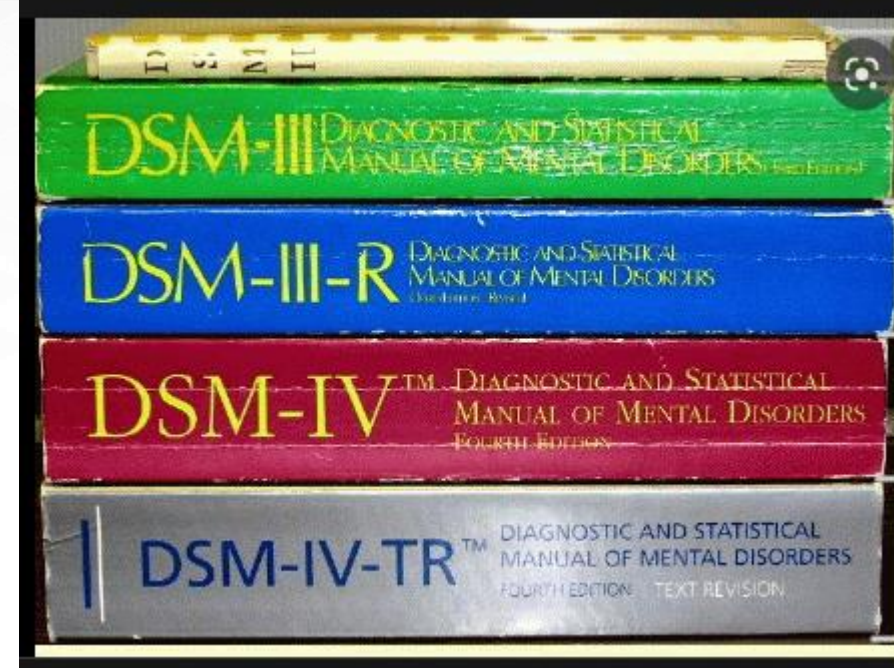
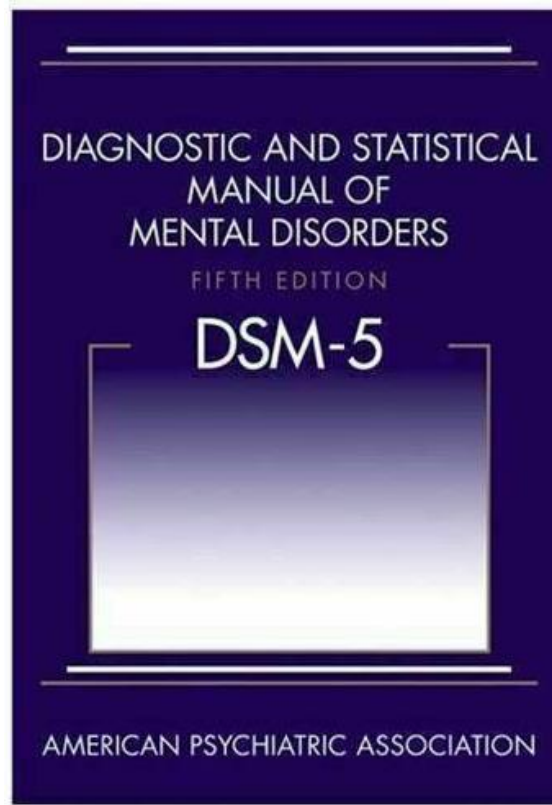
Core Principles of DSM

- **Utility**

- **Reliability**
- **Clinical Communication**

- **Theory**

- **Mental Illness Definition**
- **Agnostic**



Core Principles of DSM

- **Utility**

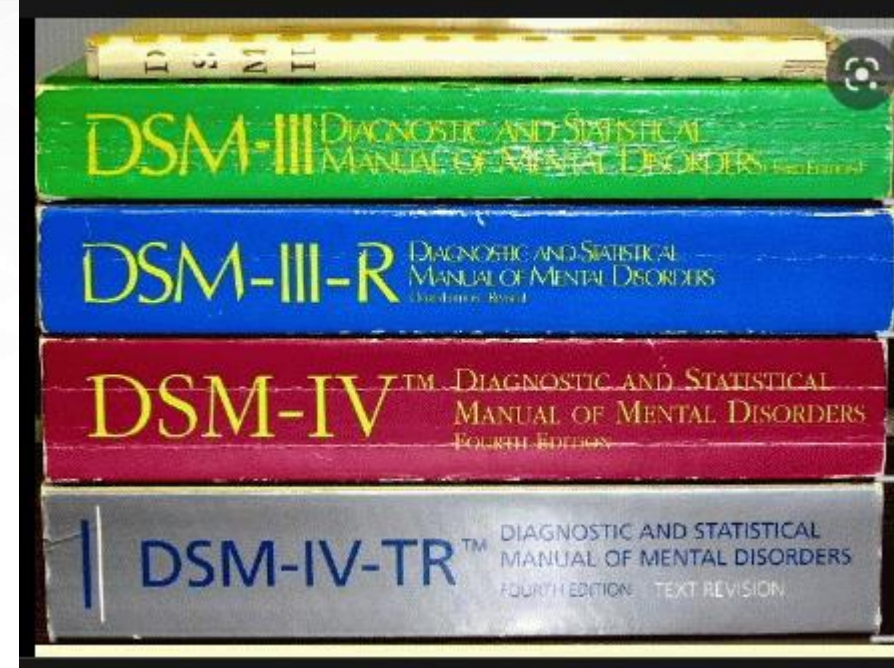
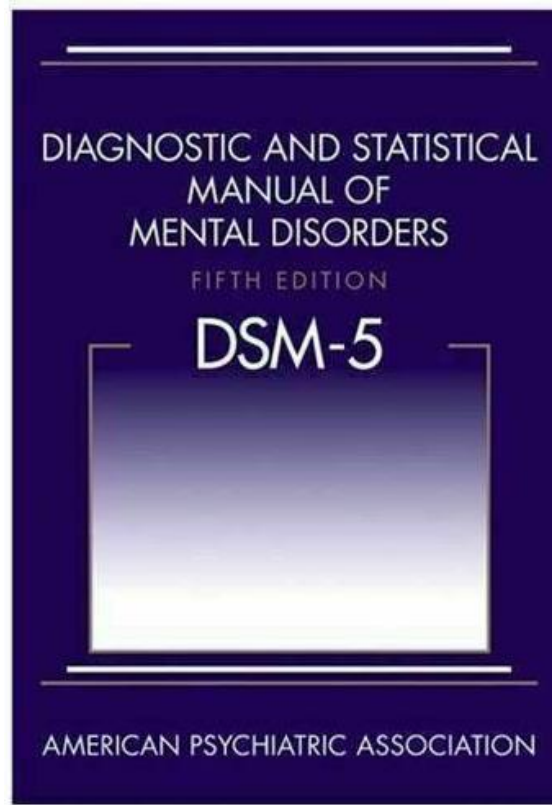
- **Reliability**
- **Clinical Communication**

- **Theory**

- **Mental Illness Definition**
- **Agnostic**

- **Problems**

- **Reification**
- **Goal Conflicts**
 - Clinical, financial, legal, & more

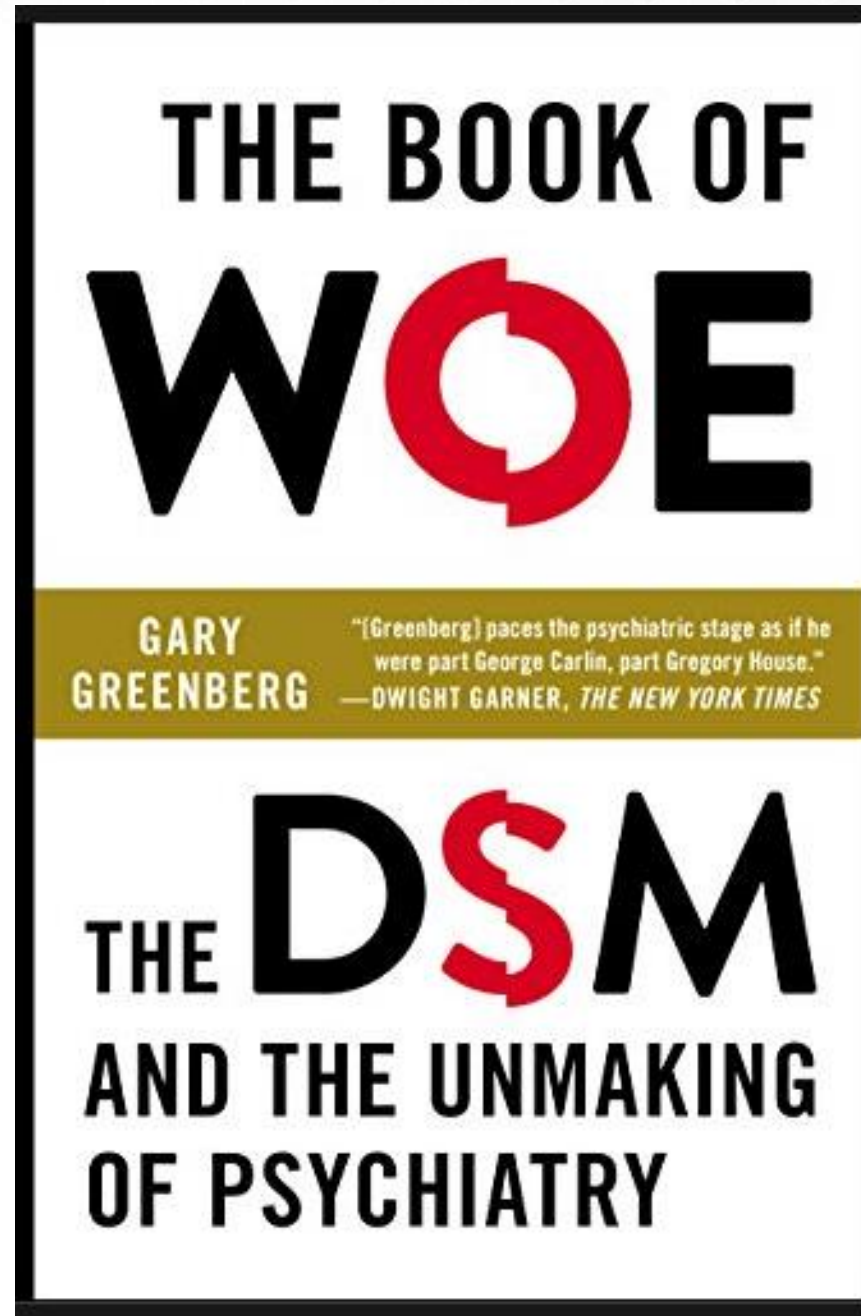


Outline

- *Process Leading to DSM*
 - *DSM-5*
 - *DSM-5-TR*

Controversy

- COI
 - How large a problem?
- Transparency
- Big Changes?
 - Etiology-based?
 - Dimensions?
- A need?



Process

- Bottom Up
- SRC
- Mistakes?

A history of the DSM-5 scientific review committee

K. S. Kendler*

Psychological Medicine (2013), 43, 1793–1800.
doi:10.1017/S0033291713001578

Article

**DSM-5 Field Trials in the United States and Canada, Part II:
Test-Retest Reliability of Selected Categorical Diagnoses**

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Article

DSM-5 Field Trials in the United States and Canada, Part II:
Test-Retest Reliability of Selected Categorical Diagnoses

Personality disorder in DSM-5: an oral history

P. Zachar¹, R. F. Krueger² and K. S. Kendler^{3*}

Psychological Medicine (2016), 46, 1–10.
doi:10.1017/S0033291715001543

The Aspirations for a Paradigm Shift in *DSM-5*

An Oral History

Peter Zachar, PhD, Darrel A. Regier, MD,† and Kenneth S. Kendler, MD‡§||*

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Content

- **Big Changes?**
- **Mistakes?**

Creation of Autism Spectrum Disorder (ASD)

Combine Substance Abuse & Dependence

PTSD

Multi-Axial System; Child Disorders

Creation of DMDD

Reorganization of Disorder Groupings

Outline

- *Process Leading to DSM*
 - *DSM-5*
 - *DSM-5-TR*

Text Revisions

- Text
- Other Changes

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DIAGNOSTIC AND STATISTICAL
MANUAL OF
MENTAL DISORDERS

FIFTH EDITION
TEXT REVISION

DSM-5-TR™

AMERICAN PSYCHIATRIC ASSOCIATION

Text Revisions

- Text
- Other Changes

Diagnostic criteria have been revised for several disorders, primarily for clarification. These include changes in the criteria sets for the following diagnoses:

Autism spectrum disorder

Manic episode

Bipolar I and bipolar II disorder

Cyclothymic disorder

Major depressive disorder

Persistent depressive disorder

PTSD in children

Avoidant-restrictive food intake disorder

Delirium

Substance/medication-induced mental disorders

Attenuated psychosis syndrome (in the chapter “Conditions for Further Study”)

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