

Top Free Educational Links from www.cliffordsussmanmd.com

1. Internet and Video Game Addiction General Information
<https://cliffordsussmanmd.com/internet-and-video-game-addiction-information/>
2. Internet and Video Game Addiction FAQ
<https://cliffordsussmanmd.com/faq-on-internet-and-video-game-addiction/>
3. Upcoming Webinars and Other Presentations by Dr. Sussman
<https://cliffordsussmanmd.com/upcoming-presentation-schedule/>

For Parents/Families:

1. Operation Parent Webinar on Managing Excessive Screen Time during the Pandemic
<https://cliffordsussmanmd.com/free-videos/>
2. Attention Magazine Parent guide on Limiting Screen time
<https://cliffordsussmanmd.com/articles-on-internet-and-video-game-addiction/>
3. Brain, Biology, and Preventing Excessive Video Game Use, a podcast with Delaney Ruston, MD
<https://cliffordsussmanmd.com/articles-on-internet-and-video-game-addiction/>

For Professionals/Continuing Education

1. Information on Screen Addictions for Mental Health Professionals
<https://cliffordsussmanmd.com/information-for-professionals/>