



EMPOWERED LIVING SERIES:
A Culturally-Informed, Strengths-based CBT Approach

AGENDA

Culturally Responsive Assessment

Friday, October 4, 2024 | 12:00 - 2:00pm

Remote via Zoom

12:00 - 12:10pm	Review scope of the Empowered Living series & this webinar's agenda
12:10 - 12:40pm	Assessing a client's Cultural Strengths and Values
12:40 - 1:15pm	Assessing a client's Culturally Stressful Experiences
1:15 - 1:30pm	Assessing a client's Coping Self-Efficacy
1:30 - 1:50pm	Case discussion & Skill application
1:50 - 2:00pm	Wrap-Up and Q&A



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Full attendance is required to received continuing education credit.

Ryan C.T. DeLapp, PhD has financial relationships with commercial interests to disclose:

Ryan DeLapp is the author of *Empower Yourself Against Racial And Cultural Stress Using Skills From the REACH Program To Cope, Heal, And Thrive* and receives proceeds from all book sales.