

Optimal Treatment for Anxiety

PSYCHOLOGY POSTDOCTORAL FELLOWSHIP PROGRAM

Year-long training program based at The Ross Center in VA/DC with outstanding opportunities for training, learning, growth, and development. Fosters clinical excellence and readiness for independent practice.

Who Are We?

- A multi-state private practice with an established **legacy of excellence** in integrated clinical care and training
- Award-winning leaders and experts in the fields of psychology and psychiatry
- Comprehensive training program without compromise Curriculum based on licensure standards and core competencies, yet flexible, inclusive, and tailored to your interests
- Where professionalism meets personability
- Evidenced-based and effective specializing in CBT/ERP, ACT, DBT to treat anxiety and OCD, depression and mood disorders, ADHD, ASD, trauma and PTSD, life transitions, and more

CHILD/ADOLESCENT FOCUS AREA

ADULT FOCUS AREA

Psychotherapy

- Individual with children/adolescents of all ages, option for +/- adult cases
- **Group** (e.g., SPACE, Resilience Builders)
- Comprehensive DBT Program (ages 14-17)
- Accelerated Treatment Program
- Parent Consultation + Training

- Individual with adults of all ages, option for +/- child/adolescent cases
- Group (e.g., Adult Social Anxiety, Adult DBT Skills)
- Comprehensive DBT Program (ages 14-17)
- Accelerated Treatment Program

Psychological Evaluation + Testing

- Admissions, ADHD, Neuropsychological & Psychoeducational, Autism & Developmental, Forensic
- Neuropsychological & Psychoeducational, Adult ADHD, Personality/Emotional, Forensic
- Supervision and Consultation
- Professional Development + Research
 - Free CEs
 - Didactics
 - Professional Memberships
 - Case Presentations
 - Capstone Project

The Ross Center Difference

What sets us apart and what you'll take away:

- World class supervisors and colleagues
- Meaningful professional relationships and networks
- Clinical expertise in areas of specialty interest
- Encouragement and support to pursue passions and professional pathways of interest
- Lived experience working within the dynamic environment of private practice
- Support throughout the licensure process
- Pipeline to ongoing work in private practice at the Ross Center (DC, VA, or NY)
- Administrative support so you can focus on what matters most to you

RossCenter.com



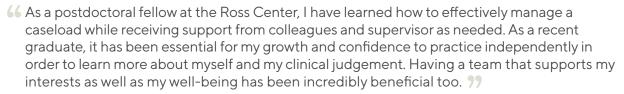
We are Looking for Candidates Who:

Have completed an APA-accredited doctoral program and pre-doctoral internship with an emphasis on prior training in either child/adolescent or adult psychology. Special consideration for individuals who are:

- Looking to plant roots and grow with us open to working toward licensure in DC, Virginia, and preferably, Maryland
- Passionate, enthusiastic learners interested in exploring a career in private practice
- Compassionate and committed to providing comprehensive clinical services, with focus on individual and group therapy
- Collaborative, critical-thinking team members who appreciate the value of integrated care

From Us to You:

- 66 Our fellowship program is where training truly meets real-world practice. We offer the flexibility and autonomy of private practice with the support, structure, and depth of training that is desirable at this pivotal point in your career. ??
 - ~ Andrea Biel, PsyD, Director of Psychology Postdoctoral Fellowship Program



- ~ Tolu Ojoyeyi, PsyD, Current Postdoctoral Fellow
- 66 Working as a postdoctoral fellow at the Ross Center has been a wonderful, rewarding experience. The mentorship I have received here has been invaluable in supporting my confidence and reinforcing my clinical skills as I learned to navigate a full-time caseload and moved towards licensure. The Ross Center provided excellent scaffolding through training, supervision and diverse experiences. I highly recommend this postdoctoral fellowship to trainees who are eager to grow their clinical skills, assessment knowledge, and professional network while making a meaningful impact in the DMV community. ??
 - ~ Phoebe Long, PhD, Postdoctoral Fellow (2023-2024)







Application deadline: December 23, 2024

Early applications are encouraged and will be reviewed on a rolling basis. All applicants must complete the online application process for our positions through the national APPA CAS system. The following materials must be uploaded in APPA CAS: cover letter specifying the focus area of interest, curriculum vitae, three (3) Letters of Recommendation (one must be from internship supervisor), and a deidentified recent neuropsychological/psychological report. Please feel free to e-mail Dr. Andrea Biel (abiel@rosscenter.com) with any questions or concerns.